

Something To Ponder

Volume II

By

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*Nevertheless when one turns to the Lord,
the veil is taken away.
Now the Lord is the Spirit;
and where the Spirit of the Lord is, there is liberty.*

2 Corinthians 3:16,17

The image is called by many names,
but the Presence is always I.

The Light is where the Light is acknowledged.

Acknowledge Him in all thy ways.

Today let us acknowledge,

'I am the Light and I am the way

and He in the midst of me is My Self.'

There can be no other for there is only One and I am that.

'Except the Lord build the house, they labor in vain who build it.' Ps. 127

Let us today rest in the realization that God the Father within Me does all the works
that is given me to do.

I will not undertake today any activity without the recognition it is the Christ I am
who is present and who is every activity of my Being. And that apart from the activity of
Spirit in me, there is no activity.

As this day unfolds from within me, I am conscious of the Self of my being showing forth God's glory. Conscious that there is nothing physical, material or mental that can ever know Life Eternal.

In this humble acknowledgement,

I kneel at the altar of MySelf.



I accept today I do not have a physical body and the image that is seen is but a concept about my invisible, immortal, perfect body of God. As this truth is accepted the outer image will change in accord with this Truth I now hold to.

I know this is so because I and God are one and I am in His image and likeness.

There is no carnal mind power that can stop the love, the grace, the peace, the life, the law of God from functioning my Being, my Life.

The purity and perfection of Light that is my immortal mind and my immortal body is here and now and I have none other.

Today I acknowledge only an invisible timeless form as my true body, today I acknowledge only the mind of God as my true mind, today I acknowledge only Self as my true identity.

I can dream of being other than That and I can seemingly experience other than That but I cannot change what I am here and Now..... the Spiritual Presence of God, infinitely everywhere.



*"Nothing physical, material or mental
can ever know Life Eternal.
Kneel only at the Altar of Self."*

All power is in me this day for I walk only in Truth. I have dominion to still my mind, I have the God given capacity to look upon any object and see beyond it to the only reality that is there. I have a sufficiency of God's grace this day to meet any event that comes to me. I have the light of illumination and I have the kingdom of Heaven within me.

Never can I walk alone for I and God are one, never can I be what God is not, for I and all that God is are one.

In my oneness with God is my oneness with all that is.

And in this day I will look not upon humanhood and the things of 'this world' but I will look upon the Self which is ever here and ever where I am.

As I live in God, then does God live in me and this is the day I choose only Self.



*In our acceptance of the conditions and the labels placed
on every object we see, we are denying the ever-present Self.
We have taken ourselves right out of Eden.*

All of my good unfolds from within me today and every day. There is no other place for it to come from. I need not look out there or to anyone for supply, health, companionship, joy or happiness... there is none there to be had... I have all that God has and all that God has is within me now. For the I am and the I that is one in God are one and the same.

I am the Life appearing this day as You. I am the Law that is the Government. I am the harmony, peace and joy and when you experience these things you are experiencing your Self. Within Me is all Life and you must come to Me for the realization that all is You and in You.

Hear Me speak in your heart. "Be still and know that I am God."

No human mind can speak with such an authority, be still and listen, be still and let Me speak.

Our Father knows every need and has placed Itself within Me, rest in this truth, listen and let Me speak. I am what you are seeking, rest, be still and I will reveal You to You.

It is our nature to live our pure spiritual Christ Self and to do this we must take dominion over the conditioned mind. Dominion over every thought of twoness. And to take dominion over conditioned thought we must be in the Mind that is also in Christ Jesus... for in that Mind there is no conditioning.



*God lives and expresses Itself
as individual being*



*When we stand fast in Truth,
when we recognize and acknowledge God in all our ways,
acknowledge God
as the only Presence and only Power -
then we are Glorifying God.*

Here where I am God is. At no moment throughout this day will I ever be separated from the good of the Father nor the will of the Father; It is functioning right now as my Life, as my Supply, as my Health, Joy, Peace, Companionship and Relationships.

It is the companion conditioning thinks is a person, It is the son and daughter conditioning thinks is a person, It is the neighbor conditioning thinks is a person, It is every clerk at every counter conditioning thinks is a person. There is no man, woman or child on earth right now that is not the presence of God unfolding.

Today recognize God alone right where conditioning thinks there is a person.



The only time is Now
and therefore Consciousness/God is Now
and no one or nothing is ever separate from Now.

As we walk through this day let us remember the identity that is walking. Recognize the hypnotic suggestion at every turn that would pull you back into the mesmerism of personhood. Acknowledge I, Christ as your Self and the Self of all who are met this day. When you see 'evil' this day realize you are sleeping and viewing a dream, then turn back into the everlasting arms.

There is no evil in Christ, there is no evil in God, there is no evil in anyone or anything walking the earth. Let the Christ of your being show you the true reality that is there and in this you will see the world as it is.

Have a joyous walk this day, a day that is an unfoldment of your own consciousness.



July 4 – Independence

May this be a day of realization that we are to be in independence from false identities and that our only dependence can be on God the Father and on all that the Father is. Let us from this Independence Day forward call no man on earth our father but stand fast on the realization I have but one Father who is in Heaven.... That I am a spiritual presence on earth to show forth the glory of God and to show it forth visually.

Let freedom ring... You shall know the truth and the truth alone will set you free.

Something, which we call God, is in continuous presence, continuous manifestation and eternal unfoldment... but we in our misperception are not aware of this and so by the five senses are entombed in a false sense of separation and of good and evil.

Something, we call God, Lives Itself and It does this even though we are not in realization of It. To live in the flow of this Something, we need only relinquish our hold on even the possibility that anything, ever, has been, is now or will be outside of Infinity, outside of Infinite law, outside of Infinite good, outside the oneness of God.



There is an eternal Something in our midst right now
and we call It God.

What you are seeing is not there.... only I am there.

As was said, "If you can name it, it is not God."

Bring that to mind when tempted to accept the conceptual name of anything as reality.

How do we come out from under the belief in two powers?

By non-response to any appearance the mind would judge as good or evil.

Remember this is our year of practicing non-response and the more it is practiced the more you leave behind the things of "this world"... the mind world of a thought about two powers.

There is only one temptation, and that temptation is, that there is no God present,
that there is no Infinite Presence, that there is no Omnipotent God.

Each time we accept labels as truth we deny our Reality, our Spiritual Self. It is
the conditioned thought of two powers that will seemingly crucify the Christ of you... and
with each thought that the appearance, the condition or the situation is real do we crucify
the Christ of our being.



As we abide in the word of God we are standing fast in Truth and Reality—we are relinquishing concepts and letting the 'old man' die and in this abiding, we are standing in our Self.

Be ye faithful this day unto the One Life, the One Presence, the One Law. Let no appearance take you from your Father's House. Be still, do not move from the Truth and the Reality of your own Being.

Be ye faithful this day to the Christ that is you and Its abundance, beauty, and Life that truly flows in you.

Be ye faithful this day to the Truth of Life - I and the Father are One. Only I am here, only Self is here, only Life is here, only Spirit is here. It is I behind every appearance, for there is no other.

Be ye faithful this day.

DECEMBER 25

The Christmas story of the birth of the Christ, the spiritual Self, is the story of each and every one.

Each of us is as Mary was, immaculately conceived, for our Father is God, an invisible, divine, perfect Presence.



*The most amazing discovery is
the discovery of your True Self.*

Namaste



About Mary

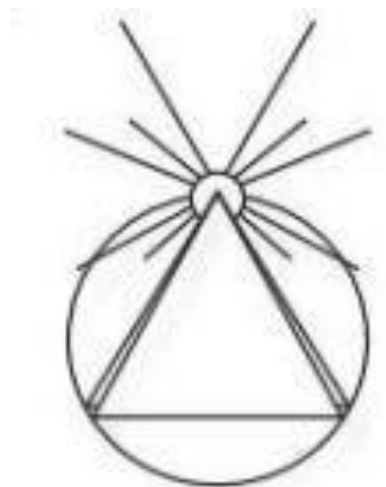
Like many others Mary has walked a spiritual path for many years. Through her years of study and self-reflection with masters of wisdom, she has come to that place of Self-realization that so many are seeking.

Born in Toledo, Ohio, Mary moved to Florida in 1975. In 1988 her heart was turned to the inner path of self-knowledge and through the devotion to the simplicity of the truth of non-duality and the pointings of Sri Ramana her feet were set firmly upon the path.

Many people from around the world have found her in this simple tranquility and her joyful willingness to share what she has discovered. They come to just be with her and rest in this peaceful presence, a presence that is truly their own.

You are invited to walk with Mary and share with her the beauty and wisdom of the Truth that dissolves the suffering and illusions of a separated self.

Namaste



<http://www.theholisticlight.org/>

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